



51. Brockenlauf

Ilseburg / 03.09.2022

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Pfaff, Ludmilla

□□: WeRun4Fun e.V.
 □□: 305

□□: 26.20 km
 26,2 km - Lauf

□□□□:
 Seniorinnen W35 (35-39 Jahre)

□□□: 2:49:38

□□: 9.27 km/h
 □□□□: 6:28 min/km

□□□□□/□□□: 258 (of 418)

□□□□□/□: 36 (of 82)

□□□□□□: 2:03:06

□□□□□: 6(of 10)

□□□□□□□: 2:03:06

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| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|---------------|---------|---------|---------|---------|
| Loddenke | 3.30 | 20:18 | 6:09 | 6 | 5:25 | 26 | 5:25 | 3.30 | 20:18 | 6:09 | 6 | 5:25 | 26 | 5:25 |
| Schlüsie | 3.10 | 22:32 | 7:16 | 5 | 6:13 | 32 | 6:13 | 6.40 | 42:50 | 6:41 | 6 | 11:38 | 29 | 11:38 |
| Hermannsklippe | 2.60 | 20:34 | 7:54 | 6 | 6:09 | 37 | 6:09 | 9.00 | 1:03:24 | 7:02 | 6 | 17:47 | 32 | 17:47 |
| Brocken | 3.10 | 34:29 | 11:07 | 8 | 11:39 | 40 | 11:39 | 12.10 | 1:37:53 | 8:05 | 6 | 29:26 | 35 | 29:26 |
| Eiserner Handwe | 3.60 | 19:57 | 5:32 | 7 | 4:54 | 31 | 4:54 | 15.70 | 1:57:50 | 7:30 | 6 | 34:20 | 35 | 34:20 |
| Schlüsie | 4.10 | 18:40 | 4:33 | 5 | 3:49 | 24 | 4:44 | 19.80 | 2:16:30 | 6:53 | 6 | 38:09 | 36 | 38:09 |
| Loddenke | 3.10 | 15:43 | 5:04 | 4 | 2:15 | 25 | 3:59 | 22.90 | 2:32:13 | 6:38 | 5 | 21:23 | 29 | 39:10 |
| Ilseburg/Markt | 3.30 | 17:25 | 5:16 | 5 | 2:57 | 26 | 4:21 | 26.20 | 2:49:38 | 6:28 | 6 | 46:32 | 36 | 46:32 |