



51. Brockenlauf

Ilseburg / 03.09.2022

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Daniel, Stefanie

□□: Wernigerode

□□: 86

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W40 (40-44 Jahre)

□□□: 2:59:47

□□: 8.68 km/h

□□□□: 6:52 min/km

□□□□□/□□□: 309 (of 418)

□□□□□/□: 44 (of 82)

□□□□□□: 2:03:06

□□□□□: 11(of 16)

□□□□□□□: 2:13:30

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□□□□

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	21:54	6:38	14	5:10	48	7:01	3.30	21:54	6:38	14	5:10	48	7:01	
Schlüsie	3.10	23:25	7:33	11	5:02	38	7:06	6.40	45:19	7:04	11	9:47	42	14:07	
Hermannsklippe	2.60	21:15	8:10	10	5:09	41	6:50	9.00	1:06:34	7:23	11	14:56	41	20:57	
Brocken	3.10	37:19	12:02	15	11:33	54	14:29	12.10	1:43:53	8:35	13	26:23	49	35:26	
Eiserner Handwe	3.60	21:16	5:54	10	5:57	46	6:13	15.70	2:05:09	7:58	11	32:20	46	41:39	
Schlüsie	4.10	21:00	5:07	12	6:55	51	7:04	19.80	2:26:09	7:22	12	39:15	48	47:48	
Loddenke	3.10	16:12	5:13	8	2:45	30	4:28	22.90	2:42:21	7:05	8	29:52	39	49:18	
Ilseburg/Markt	3.30	17:26	5:16	7	2:19	29	4:22	26.20	2:59:47	6:51	11	46:17	44	56:41	