



51. Brockenlauf

Ilseburg / 03.09.2022

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Prey, Kristina

□□: Ribnitz-Damgarten

□□: 312

□□: 26.20 km

26,2 km - Lauf

□□□□:

Seniorinnen W30 (30-34 Jahre)

□□□: 3:16:07

□□: 7.95 km/h

□□□□: 7:29 min/km

□□□□□/□□□: 367 (of 418)

□□□□□/□: 62 (of 82)

□□□□□□: 2:03:06

□□□□□: 3(of 5)

□□□□□□□: 2:13:26

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□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
Loddenke	3.30	22:44	6:53	3	6:50	59	7:51	3.30	22:44	6:53	3	6:50	59	7:51	
Schlüsie	3.10	26:25	8:31	3	9:16	61	10:06	6.40	49:09	7:40	3	16:06	61	17:57	
Hermannsklippe	2.60	24:02	9:14	3	8:48	63	9:37	9.00	1:13:11	8:07	3	24:54	62	27:34	
Brocken	3.10	37:18	12:01	3	13:50	53	14:28	12.10	1:50:29	9:07	3	38:44	61	42:02	
Eiserner Handwe	3.60	24:22	6:46	3	7:50	65	9:19	15.70	2:14:51	8:35	3	46:34	63	51:21	
Schlüsie	4.10	22:18	5:26	3	5:29	59	8:22	19.80	2:37:09	7:56	3	52:03	63	58:48	
Loddenke	3.10	18:25	5:56	3	4:40	58	6:41	22.90	2:55:34	7:40	3	56:43	55	1:02:31	
Ilseburg/Markt	3.30	20:33	6:13	3	5:58	58	7:29	26.20	3:16:07	7:29	3	1:02:41	62	1:13:01	