



17. Lorsch Triathlon

Lorsch / 21.08.2022

0000

Thomas Hatzenböller

000: 1:34:17

00: 317

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 251 (of 279)

00000/0: 195 (of 210)

000000: 59:54

0000:

Senioren 6 (TM 65)

00000: 7(of 10)

0000000: 1:10:34

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	17:42	35:23	10	7:56	209	9:54	0.50	17:42	35:23	11	7:56	211	9:54
Wechsel S -> R	-	4:01	-	5	2:19	182	2:40	0.50	21:43	43:25	11	10:08	211	11:56
Schwimmen 000	0.50	21:43	43:25	11	10:08	211	11:56	0.50	21:43	43:25	11	10:08	211	11:56
Rad netto	20.00	41:37	2:04	7	6:44	175	17:24	20.50	1:03:20	3:05	11	16:52	211	22:11
Wechsel R -> L	-	1:41	-	7	0:50	189	1:15	20.50	1:05:01	3:10	11	17:42	211	23:06
Rad 000	20.00	43:18	2:09	7	7:34	179	17:41	20.50	1:05:01	3:10	11	17:42	211	23:06
Lauf Ziel	5.00	29:16	5:51	3	6:01	166	11:17	25.50	1:34:17	3:41	7	23:43	195	34:23