



17. Lorsch Triathlon

Lorsch / 21.08.2022

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Anja Dreiss

000: 1:30:58

00: 66

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 229 (of 279)

00000/0: 50 (of 69)

000000: 1:06:39

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Seniorinnen 2 (TW 45)

00000: 8(of 13)

0000000: 1:22:55

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:53	27:45	9	4:08	60	6:07	0.50	13:53	27:45	14	4:08	70	6:07
Wechsel S -> R	-	3:49	-	11	1:20	55	2:07	0.50	17:42	35:23	14	5:28	70	7:46
Schwimmen 000	0.50	17:42	35:23	14	5:28	70	7:46	0.50	17:42	35:23	14	5:28	70	7:46
Rad netto	20.00	42:16	2:06	9	4:28	44	7:09	20.50	59:58	2:55	14	8:11	50	14:34
Wechsel R -> L	-	1:15	-	3	0:07	44	0:37	20.50	1:01:13	2:59	14	8:18	50	14:51
Rad 000	20.00	43:31	2:10	8	4:11	43	7:26	20.50	1:01:13	2:59	14	8:18	50	14:51
Lauf Ziel	5.00	29:45	5:57	9	8:38	48	9:28	25.50	1:30:58	3:34	8	8:03	50	24:19