



17. Lorsch Triathlon

Lorsch / 21.08.2022

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Stephanie Stöhr

000: 1:22:39

00: 89

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 160 (of 279)

00000/0: 25 (of 69)

000000: 1:06:39

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Seniorinnen 3 (TW 50)

00000: 5(of 10)

0000000: 1:11:58

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	10:16	20:32	2	0:14	15	2:30	0.50	10:16	20:32	11	0:14	70	2:30
Wechsel S -> R	-	3:21	-	8	1:16	48	1:39	0.50	13:37	27:14	11	1:22	70	3:41
Schwimmen 000	0.50	13:37	27:14	11	1:22	70	3:41	0.50	13:37	27:14	11	1:22	70	3:41
Rad netto	20.00	37:08	1:51	1	-	4	2:01	20.50	50:45	2:28	11	1:16	10	5:21
Wechsel R -> L	-	1:04	-	5	0:26	32	0:26	20.50	51:49	2:31	11	1:29	11	5:27
Rad 000	20.00	38:12	1:54	2	0:07	5	2:07	20.50	51:49	2:31	11	1:29	11	5:27
Lauf Ziel	5.00	30:50	6:09	9	9:12	53	10:33	25.50	1:22:39	3:14	5	10:41	25	16:00