



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

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## Jutta Meusel

000: 1:31:43

00: DLRG Lorsch

00: 12

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 239 (of 279)

00000/0: 52 (of 69)

000000: 1:06:39

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Seniorinnen 5 (TW 60)

00000: 2(of 4)

0000000: 1:26:37

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	13:04	26:07	3	0:12	51	5:18	0.50	13:04	26:07	5	0:12	70	5:18
Wechsel S -> R	-	3:22	-	2	0:31	49	1:40	0.50	16:26	32:52	1	-	70	6:30
Schwimmen 000	0.50	16:26	32:52	1	-	70	6:30	0.50	16:26	32:52	1	-	70	6:30
Rad netto	20.00	42:33	2:07	2	2:26	46	7:26	20.50	58:59	2:52	5	2:12	70	13:35
Wechsel R -> L	-	1:32	-	2	0:29	53	0:54	20.50	1:00:31	2:57	5	1:46	70	14:09
Rad 000	20.00	44:05	2:12	3	2:00	49	8:00	20.50	1:00:31	2:57	5	1:46	70	14:09
Lauf Ziel	5.00	31:12	6:14	3	4:00	55	10:55	25.50	1:31:43	3:35	2	5:06	52	25:04