



17. Lorsch Triathlon

Lorsch / 21.08.2022

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Madeleine Bischoff

000: 1:23:03

00: 58

00: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

00000/000: 165 (of 279)

00000/0: 27 (of 69)

000000: 1:06:39

0000:

weibliche AK 2 (TW 25)

00000: 6(of 9)

0000000: 1:12:32

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Schwimmen nett	0.50	11:32	23:03	5	3:46	21	3:46	0.50	11:32	23:03	10	3:46	70	3:46
Wechsel S -> R	-	2:36	-	5	0:46	21	0:54	0.50	14:08	28:15	10	4:12	70	4:12
Schwimmen 000	0.50	14:08	28:15	10	4:12	70	4:12	0.50	14:08	28:15	10	4:12	70	4:12
Rad netto	20.00	42:01	2:06	7	5:14	41	6:54	20.50	56:09	2:44	10	8:29	36	10:45
Wechsel R -> L	-	1:07	-	7	0:28	36	0:29	20.50	57:16	2:47	10	7:55	35	10:54
Rad 000	20.00	43:08	2:09	7	5:34	40	7:03	20.50	57:16	2:47	10	7:55	35	10:54
Lauf Ziel	5.00	25:47	5:09	7	3:02	25	5:30	25.50	1:23:03	3:15	6	10:31	27	16:24