



# 17. Lorsch Triathlon

Lorsch / 21.08.2022

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Sven Schedlbauer

□□□: 1:28:24

□□: 339

□□: 25.50 km

Lorsch Triathlon 0,5-20,0-5,0

□□□□□/□□□: 213 (of 279)

□□□□□/□: 168 (of 210)

□□□□□□: 59:54

□□□□:

männliche AK 4 (TM 35)

□□□□□: 23(of 24)

□□□□□□□: 1:03:42

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Schwimmen nett	0.50	10:42	21:23	11	2:37	76	2:54	0.50	10:42	21:23	25	2:37	211	2:54
Wechsel S -> R	-	7:23	-	24	5:40	209	6:02	0.50	18:05	36:09	25	7:34	211	8:18
Schwimmen □□□	0.50	18:05	36:09	25	7:34	211	8:18	0.50	18:05	36:09	25	7:34	211	8:18
Rad netto	20.00	44:56	2:14	23	12:09	196	20:43	20.50	1:03:01	3:04	25	19:08	211	21:52
Wechsel R -> L	-	1:04	-	12	0:22	92	0:38	20.50	1:04:05	3:07	25	19:12	211	22:10
Rad □□□	20.00	46:00	2:17	24	11:57	196	20:23	20.50	1:04:05	3:07	25	19:12	211	22:10
Lauf Ziel	5.00	24:19	4:51	14	5:31	89	6:20	25.50	1:28:24	3:28	23	24:42	168	28:30