



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Team Skatstadtmarathon

□□□: 17:56:12

□□: 570

□□: 9.37 km/h

□□□□: 6:23 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 152 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 35(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:32:35	6:36	39	32:50	158	34:10	14.00	1:32:35	6:36	39	32:50	178	34:10
Kleiner Inselsber	19.60	1:55:28	5:53	26	31:31	115	38:19	33.60	3:28:03	6:11	28	51:35	178	1:12:13
Neue Ausspanne	14.00	1:22:33	5:53	13	11:56	100	31:37	47.60	4:50:36	6:06	29	1:00:01	178	1:43:50
Grenzadler	13.70	1:25:54	6:16	24	27:12	117	34:12	61.30	6:16:30	6:08	30	1:20:46	177	2:15:43
Allzunah	19.90	1:50:58	5:34	24	28:37	95	35:07	81.20	8:07:28	6:00	26	1:43:11	176	2:48:46
Masserberg	17.90	2:12:19	7:23	37	53:02	156	55:43	99.10	10:19:47	6:15	33	2:25:11	175	3:34:18
Neuhaus	19.90	2:14:37	6:45	31	53:33	138	1:06:14	119.00	12:34:24	6:20	32	2:48:04	176	4:29:12
Schildwiese	13.50	1:33:27	6:55	35	32:44	134	41:01	132.50	14:07:51	6:23	33	3:17:07	169	5:10:13
Brennersgrün	15.90	1:46:19	6:41	35	40:13	141	42:55	148.40	15:54:10	6:25	35	3:52:50	177	5:51:41
Blankenstein	20.30	2:02:02	6:00	29	37:00	117	48:34	168.70	17:56:12	6:22	35	4:20:31	153	6:40:15