



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Thüringer Tourismusstaffel

□□□: 17:31:59

□□: 220

□□: 9.58 km/h

□□□□: 6:14 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 136 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 102(of 118)

Männerstaffel

□□□□□□□: 11:15:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:18:54	5:38	63	20:29	82	20:29	14.00	1:18:54	5:38	63	20:29	82	20:29
Kleiner Inselsber	19.60	2:06:57	6:28	107	49:48	154	49:48	33.60	3:25:51	6:07	101	1:10:01	133	1:10:01
Neue Ausspanne	14.00	1:29:06	6:21	100	38:10	134	38:10	47.60	4:54:57	6:11	105	1:48:11	143	1:48:11
Grenzdler	13.70	1:26:34	6:19	91	34:52	121	34:52	61.30	6:21:31	6:13	106	2:20:44	144	2:20:44
Allzunah	19.90	1:42:43	5:09	42	26:52	60	26:52	81.20	8:04:14	5:57	84	2:45:32	113	2:45:32
Masserberg	17.90	2:09:28	7:13	104	52:52	150	52:52	99.10	10:13:42	6:11	99	3:28:13	135	3:28:13
Neuhaus	19.90	1:52:00	5:37	47	43:37	63	43:37	119.00	12:05:42	6:05	94	4:00:30	123	4:00:30
Schildwiese	13.50	1:27:04	6:26	78	34:38	111	34:38	132.50	13:32:46	6:08	95	4:35:08	127	4:35:08
Brennersgrün	15.90	1:59:53	7:32	109	56:29	165	56:29	148.40	15:32:39	6:17	103	5:30:10	141	5:30:10
Blankenstein	20.30	1:59:20	5:52	78	45:52	108	45:52	168.70	17:31:59	6:14	103	6:16:02	137	6:16:02