



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Schönheider Skispitzen

□□□: 19:02:04

□□: 555

□□: 8.83 km/h

□□□□: 6:46 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 168 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 45(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:35:55	6:51	42	36:10	164	37:30	14.00	1:35:55	6:51	42	36:10	178	37:30
Kleiner Inselfber	19.60	1:54:36	5:50	24	30:39	110	37:27	33.60	3:30:31	6:15	34	54:03	178	1:14:41
Neue Ausspanne	14.00	1:29:43	6:24	31	19:06	139	38:47	47.60	5:00:14	6:18	35	1:09:39	178	1:53:28
Grenzadler	13.70	1:30:54	6:38	31	32:12	140	39:12	61.30	6:31:08	6:22	33	1:35:24	177	2:30:21
Allzunah	19.90	2:08:34	6:27	42	46:13	152	52:43	81.20	8:39:42	6:24	41	2:15:25	176	3:21:00
Masserberg	17.90	2:09:17	7:13	35	50:00	149	52:41	99.10	10:48:59	6:32	39	2:54:23	175	4:03:30
Neuhaus	19.90	2:28:33	7:27	41	1:07:29	160	1:20:10	119.00	13:17:32	6:42	41	3:31:12	176	5:12:20
Schildwiese	13.50	1:28:49	6:34	29	28:06	115	36:23	132.50	14:46:21	6:41	41	3:55:37	169	5:48:43
Brennersgrün	15.90	1:59:09	7:29	46	53:03	164	55:45	148.40	16:45:30	6:46	45	4:44:10	177	6:43:01
Blankenstein	20.30	2:16:34	6:43	45	51:32	157	1:03:06	168.70	19:02:04	6:46	46	5:26:23	171	7:46:07