



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Wir gehen ab wie Schmidt´s Katze □□□: 17:07:55

□□: 142 □□: 9.81 km/h □□□□: 6:05 min/km

□□: 168.70 km □□□□□: 117 (of 177)  
Hörschel-Blankenstein □□□□□□: 11:15:57

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Mixstaffel □□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:24:22	6:01	27	24:37	125	25:57	14.00	1:24:22	6:01	27	24:37	178	25:57
Kleiner Inselfber	19.60	1:46:33	5:26	18	22:36	75	29:24	33.60	3:10:55	5:40	20	34:27	178	55:05
Neue Ausspanne	14.00	1:16:57	5:29	9	6:20	72	26:01	47.60	4:27:52	5:37	14	37:17	178	1:21:06
Grenzdler	13.70	1:09:12	5:03	3	10:30	30	17:30	61.30	5:37:04	5:29	8	41:20	177	1:36:17
Allzunah	19.90	2:04:17	6:14	38	41:56	140	48:26	81.20	7:41:21	5:40	11	1:17:04	176	2:22:39
Masserberg	17.90	2:14:49	7:31	38	55:32	158	58:13	99.10	9:56:10	6:00	21	2:01:34	175	3:10:41
Neuhaus	19.90	2:04:44	6:16	25	43:40	110	56:21	119.00	12:00:54	6:03	19	2:14:34	176	3:55:42
Schildwiese	13.50	1:30:07	6:40	30	29:24	124	37:41	132.50	13:31:01	6:07	24	2:40:17	169	4:33:23
Brennersgrün	15.90	1:41:25	6:22	29	35:19	126	38:01	148.40	15:12:26	6:08	23	3:11:06	177	5:09:57
Blankenstein	20.30	1:55:29	5:41	19	30:27	92	42:01	168.70	17:07:55	6:05	21	3:32:14	117	5:51:58