



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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N3 Sportverein e.V

□□: 183

□□: 168.70 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□□: 16:22:27

□□: 10.26 km/h

□□□□: 5:49 min/km

□□□□□: 73 (of 177)

□□□□□□: 11:15:57

□□□□□: 56(of 118)

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:07:08	4:47	13	8:43	14	8:43	14.00	1:07:08	4:47	13	8:43	14	8:43
Kleiner Inselsber	19.60	1:44:22	5:19	46	27:13	61	27:13	33.60	2:51:30	5:06	22	35:40	29	35:40
Neue Ausspanne	14.00	1:02:41	4:28	11	11:45	12	11:45	47.60	3:54:11	4:55	12	47:25	15	47:25
Grenzadler	13.70	1:18:32	5:43	55	26:50	73	26:50	61.30	5:12:43	5:06	19	1:11:56	23	1:11:56
Allzunah	19.90	1:54:46	5:46	75	38:55	108	38:55	81.20	7:07:29	5:15	33	1:48:47	40	1:48:47
Masserberg	17.90	1:39:22	5:33	28	22:46	37	22:46	99.10	8:46:51	5:18	29	2:01:22	35	2:01:22
Neuhaus	19.90	2:21:01	7:05	107	1:12:38	149	1:12:38	119.00	11:07:52	5:36	43	3:02:40	54	3:02:40
Schildwiese	13.50	1:10:15	5:12	25	17:49	34	17:49	132.50	12:18:07	5:34	36	3:20:29	42	3:20:29
Brennersgrün	15.90	1:40:40	6:19	89	37:16	123	37:16	148.40	13:58:47	5:39	44	3:56:18	52	3:56:18
Blankenstein	20.30	2:23:40	7:04	106	1:10:12	164	1:10:12	168.70	16:22:27	5:49	56	5:06:30	73	5:06:30