



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Die durstigsten 10 vom ASV Erfurt

□□□: 17:14:20

□□: 507

□□: 9.75 km/h

□□□□: 6:08 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 123 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 22(of 48)

Mixstaffel

□□□□□□□: 13:35:41

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:37:18	6:57	44	37:33	167	38:53	14.00	1:37:18	6:57	44	37:33	178	38:53
Kleiner Inselsber	19.60	2:12:08	6:44	44	48:11	165	54:59	33.60	3:49:26	6:49	46	1:12:58	178	1:33:36
Neue Ausspanne	14.00	1:15:54	5:25	8	5:17	63	24:58	47.60	5:05:20	6:24	39	1:14:45	178	1:58:34
Grenzadler	13.70	1:33:32	6:49	36	34:50	150	41:50	61.30	6:38:52	6:30	37	1:43:08	177	2:38:05
Allzunah	19.90	1:34:27	4:44	7	12:06	23	18:36	81.20	8:13:19	6:04	30	1:49:02	176	2:54:37
Masserberg	17.90	1:52:31	6:17	19	33:14	96	35:55	99.10	10:05:50	6:06	28	2:11:14	175	3:20:21
Neuhaus	19.90	1:57:23	5:53	18	36:19	88	49:00	119.00	12:03:13	6:04	23	2:16:53	176	3:58:01
Schildwiese	13.50	1:05:46	4:52	4	5:03	17	13:20	132.50	13:08:59	5:57	15	2:18:15	169	4:11:21
Brennersgrün	15.90	1:54:36	7:12	43	48:30	157	51:12	148.40	15:03:35	6:05	20	3:02:15	177	5:01:06
Blankenstein	20.30	2:10:45	6:26	40	45:43	142	57:17	168.70	17:14:20	6:07	22	3:38:39	123	5:58:23