



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

□□□□

Oßwald Herren

□□□: 11:48:04

□□: 147

□□: 14.24 km/h  
□□□□: 4:12 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 3 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 3(of 118)

Männerstaffel

□□□□□□□: 11:15:57

□□□□

□□□□

□□□

□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	58:25	4:10	1	-	1	-	14.00	58:25	4:10	1	-	1	-
Kleiner Inselsber	19.60	1:20:41	4:06	4	3:32	4	3:32	33.60	2:19:06	4:08	3	3:16	3	3:16
Neue Ausspanne	14.00	55:11	3:56	4	4:15	4	4:15	47.60	3:14:17	4:04	3	7:31	3	7:31
Grenzadler	13.70	1:01:01	4:27	5	9:19	6	9:19	61.30	4:15:18	4:09	4	14:31	4	14:31
Allzunah	19.90	1:15:51	3:48	1	-	1	-	81.20	5:31:09	4:04	3	12:27	3	12:27
Masserberg	17.90	1:16:36	4:16	1	-	1	-	99.10	6:47:45	4:06	3	2:16	3	2:16
Neuhaus	19.90	1:23:38	4:12	7	15:15	8	15:15	119.00	8:11:23	4:07	3	6:11	3	6:11
Schildwiese	13.50	1:11:54	5:19	27	19:28	37	19:28	132.50	9:23:17	4:15	3	25:39	3	25:39
Brennersgrün	15.90	1:05:39	4:07	3	2:15	3	2:15	148.40	10:28:56	4:14	3	26:27	3	26:27
Blankenstein	20.30	1:19:08	3:53	2	5:40	2	5:40	168.70	11:48:04	4:11	3	32:07	3	32:07