



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Wasserturmexpress reloaded

□□□: 15:03:45

□□: 227

□□: 11.15 km/h

□□□□: 5:22 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 34 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 28(of 118)

Männerstaffel

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:07:24	4:48	15	8:59	17	8:59	14.00	1:07:24	4:48	15	8:59	17	8:59
Kleiner Inselsber	19.60	1:54:26	5:50	81	37:17	109	37:17	33.60	3:01:50	5:24	46	46:00	61	46:00
Neue Ausspanne	14.00	1:03:14	4:30	12	12:18	13	12:18	47.60	4:05:04	5:08	23	58:18	29	58:18
Grenzdler	13.70	1:01:06	4:27	6	9:24	7	9:24	61.30	5:06:10	4:59	13	1:05:23	17	1:05:23
Allzunah	19.90	1:57:05	5:53	81	41:14	118	41:14	81.20	7:03:15	5:12	26	1:44:33	31	1:44:33
Masserberg	17.90	1:45:46	5:54	48	29:10	63	29:10	99.10	8:49:01	5:20	32	2:03:32	38	2:03:32
Neuhaus	19.90	1:56:46	5:52	62	48:23	84	48:23	119.00	10:45:47	5:25	31	2:40:35	39	2:40:35
Schildwiese	13.50	1:24:09	6:14	71	31:43	98	31:43	132.50	12:09:56	5:30	32	3:12:18	38	3:12:18
Brennersgrün	15.90	1:21:25	5:07	27	18:01	31	18:01	148.40	13:31:21	5:28	32	3:28:52	38	3:28:52
Blankenstein	20.30	1:32:24	4:33	11	18:56	17	18:56	168.70	15:03:45	5:21	28	3:47:48	34	3:47:48