



# 22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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USV Erfurt Mix

□□□: 16:08:43

□□: 576

□□: 10.41 km/h  
□□□□: 5:44 min/km

□□: 168.70 km  
Hörschel-Blankenstein

□□□□□: 59 (of 177)

□□□□□□: 11:15:57

□□□□:

□□□□□: 10(of 48)

Mixstaffel

□□□□□□□: 13:35:41

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:10:26	5:01	2	10:41	30	12:01	14.00	1:10:26	5:01	2	10:41	178	12:01
Kleiner Inselsber	19.60	1:46:32	5:26	17	22:35	74	29:23	33.60	2:56:58	5:16	8	20:30	178	41:08
Neue Ausspanne	14.00	1:23:27	5:57	16	12:50	105	32:31	47.60	4:20:25	5:28	7	29:50	178	1:13:39
Grenzadler	13.70	1:18:35	5:44	15	19:53	74	26:53	61.30	5:39:00	5:31	9	43:16	177	1:38:13
Allzunah	19.90	1:28:26	4:26	4	6:05	15	12:35	81.20	7:07:26	5:15	5	43:09	176	1:48:44
Masserberg	17.90	1:42:45	5:44	8	23:28	51	26:09	99.10	8:50:11	5:20	5	55:35	175	2:04:42
Neuhaus	19.90	2:00:31	6:03	21	39:27	96	52:08	119.00	10:50:42	5:28	7	1:04:22	43	2:45:30
Schildwiese	13.50	1:41:20	7:30	41	40:37	150	48:54	132.50	12:32:02	5:40	9	1:41:18	169	3:34:24
Brennersgrün	15.90	1:28:34	5:34	10	22:28	67	25:10	148.40	14:00:36	5:39	6	1:59:16	177	3:58:07
Blankenstein	20.30	2:08:07	6:18	35	43:05	133	54:39	168.70	16:08:43	5:44	10	2:33:02	59	4:52:46