



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Team Südeichsfeld

□□□: 15:29:10

□□: 212

□□: 10.85 km/h

□□□□: 5:31 min/km

□□: 168.70 km

Hörschel-Blankenstein

□□□□□: 40 (of 177)

□□□□□□: 11:15:57

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□□□□□: 33(of 118)

Männerstaffel

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:04:01	4:34	7	5:36	8	5:36	14.00	1:04:01	4:34	7	5:36	8	5:36
Kleiner Inselsber	19.60	1:43:30	5:16	42	26:21	57	26:21	33.60	2:47:31	4:59	15	31:41	20	31:41
Neue Ausspanne	14.00	1:16:50	5:29	58	25:54	69	25:54	47.60	4:04:21	5:08	21	57:35	26	57:35
Grenzadler	13.70	1:06:56	4:53	16	15:14	22	15:14	61.30	5:11:17	5:04	18	1:10:30	22	1:10:30
Allzunah	19.90	1:34:35	4:45	16	18:44	25	18:44	81.20	6:45:52	4:59	14	1:27:10	18	1:27:10
Masserberg	17.90	1:39:31	5:33	29	22:55	38	22:55	99.10	8:25:23	5:05	15	1:39:54	20	1:39:54
Neuhaus	19.90	1:57:21	5:53	65	48:58	87	48:58	119.00	10:22:44	5:13	22	2:17:32	27	2:17:32
Schildwiese	13.50	1:03:12	4:40	8	10:46	9	10:46	132.50	11:25:56	5:10	15	2:28:18	20	2:28:18
Brennersgrün	15.90	1:20:34	5:04	20	17:10	24	17:10	148.40	12:46:30	5:09	16	2:44:01	21	2:44:01
Blankenstein	20.30	2:42:40	8:00	114	1:29:12	173	1:29:12	168.70	15:29:10	5:30	33	4:13:13	40	4:13:13