



22. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 18.06.2022

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Lets connect Weidmüller Rennsteig Runners: 17:32:06

□□: 174

□□: 168.70 km

Hörschel-Blankenstein

□□□□:

Männerstaffel

□□: 9.58 km/h

□□□□: 6:14 min/km

□□□□□: 137 (of 177)

□□□□□□: 11:15:57

□□□□□: 103(of 118)

□□□□□□□: 11:15:57

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Hohe Sonne	14.00	1:15:08	5:22	46	16:43	61	16:43	14.00	1:15:08	5:22	46	16:43	61	16:43
Kleiner Inselfber	19.60	2:19:34	7:07	118	1:02:25	174	1:02:25	33.60	3:34:42	6:23	109	1:18:52	156	1:18:52
Neue Ausspanne	14.00	1:24:27	6:01	86	33:31	112	33:31	47.60	4:59:09	6:17	110	1:52:23	151	1:52:23
Grenzdler	13.70	1:28:00	6:25	94	36:18	126	36:18	61.30	6:27:09	6:18	112	2:26:22	150	2:26:22
Allzunah	19.90	2:09:21	6:30	105	53:30	155	53:30	81.20	8:36:30	6:21	114	3:17:48	159	3:17:48
Masserberg	17.90	2:20:25	7:50	111	1:03:49	165	1:03:49	99.10	10:56:55	6:37	116	4:11:26	165	4:11:26
Neuhaus	19.90	1:18:05	3:55	2	9:42	2	9:42	119.00	12:15:00	6:10	99	4:09:48	133	4:09:48
Schildwiese	13.50	1:14:51	5:32	43	22:25	55	22:25	132.50	13:29:51	6:06	92	4:32:13	118	4:32:13
Brennersgrün	15.90	1:49:09	6:51	102	45:45	150	45:45	148.40	15:19:00	6:11	97	5:16:31	126	5:16:31
Blankenstein	20.30	2:13:06	6:33	100	59:38	149	59:38	168.70	17:32:06	6:14	104	6:16:09	138	6:16:09