



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

0000

Dennis Willing

00: 1.SSV Saalfeld 92' e.V.

00: 13

00: 54.90 km

3 Runden

0000:

B - Herren Masters 2-4

000: 3:24:31

00: 15.84 km/h

0000: 3:43 min/km

00000/000: 3 (of 15)

00000/0: 3 (of 14)

000000: 3:14:53

00000: 1(of 8)

0000000: 3:24:31

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| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------|-------|---------|--------|----|---------|----|---------|-------|---------|--------|----|----|----|------|
| | km | 00 | min/km | - | - | 0 | 0 | km | 00 | min/km | - | - | 0 | 0 |
| Runde | 18.30 | 1:05:00 | 3:33 | 1 | - | 4 | 0:54 | 18.30 | 1:05:00 | 3:33 | 1 | - | 4 | 0:54 |
| 000 | 18.30 | 1:07:06 | 3:39 | 1 | - | 4 | 3:31 | 36.60 | 2:12:06 | 3:36 | 1 | - | 4 | 2:00 |
| Pumptrack | 18.30 | 1:12:25 | 3:57 | 2 | 1:12:25 | 6 | 1:12:25 | 54.90 | 3:24:31 | 3:43 | 1 | - | 3 | 9:38 |