



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

□□□□

Alexander Bächer

□□: RVC Trieb

□□: 56

□□: 54.90 km

3 Runden

□□□□:

B - Herren Masters 2-4

□□□: 3:56:40

□□: 13.69 km/h

□□□□: 4:18 min/km

□□□□□/□□□: 4 (of 15)

□□□□□/□: 4 (of 14)

□□□□□□: 3:14:53

□□□□□: 2(of 8)

□□□□□□□: 3:24:31

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|-----------|-------|---------|--------|----|---------|----|---------|-------|---------|--------|----|-------|----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Runde | 18.30 | 1:14:53 | 4:05 | 3 | 9:53 | 7 | 10:47 | 18.30 | 1:14:53 | 4:05 | 3 | 9:53 | 7 | 10:47 |
| □□□ | 18.30 | 1:19:12 | 4:19 | 2 | 12:06 | 6 | 15:37 | 36.60 | 2:34:05 | 4:12 | 2 | 21:59 | 6 | 23:59 |
| Pumptrack | 18.30 | 1:22:35 | 4:30 | 4 | 1:22:35 | 8 | 1:22:35 | 54.90 | 3:56:40 | 4:18 | 2 | 32:09 | 4 | 41:47 |