



12. Inselsberg Marathon

Bad Tabarz / 02.07.2023

□□□□

Stefan Gollhardt

□□: Team Fritsche

□□: 38

□□: 54.90 km

3 Runden

□□□□:

B - Herren Masters 2-4

□□□: 4:04:43

□□: 13.46 km/h

□□□□: 4:27 min/km

□□□□□/□□□: 6 (of 15)

□□□□□/□: 6 (of 14)

□□□□□□: 3:14:53

□□□□□: 4(of 8)

□□□□□□□: 3:24:31

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|-----------|-------|---------|--------|----|---------|----|---------|-------|---------|--------|----|-------|----|-------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| Runde | 18.30 | 1:20:54 | 4:25 | 6 | 15:54 | 10 | 16:48 | 18.30 | 1:20:54 | 4:25 | 6 | 15:54 | 10 | 16:48 |
| □□□ | 18.30 | 1:21:03 | 4:25 | 3 | 13:57 | 7 | 17:28 | 36.60 | 2:41:57 | 4:25 | 4 | 29:51 | 8 | 31:51 |
| Pumptrack | 18.30 | 1:22:46 | 4:31 | 5 | 1:22:46 | 9 | 1:22:46 | 54.90 | 4:04:43 | 4:27 | 4 | 40:12 | 6 | 49:50 |