



Panorama Berglauf
Luisenthal / 08.07.2023

0000

Lautscham, Nadine

00: TRCT

00: 141

00: 12.70 km

12,7 km-Nordic Walking

0000:

weiblich Nordic Walking

000: 2:36:49

00: 4.86 km/h

0000: 12:21 min/km

00000/000: 14 (of 16)

00000/0: 11 (of 13)

000000: 1:40:58

00000: 11(of 13)

0000000: 1:40:58

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	min/km	-	-	0	0	km	00	min/km	-	-	0	0
Zwischenzeit	6.80	1:30:43	13:20	11	35:20	11	35:20	6.80	1:30:43	13:20	11	35:20	11	35:20
Ziel	6.80	1:06:06	9:43	11	20:31	11	20:31	12.70	2:36:49	12:20	11	55:51	11	55:51