



23. Rennsteig-Staffellauf

Hörschel bis Blankenstein / 17.06.2023

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SWV Goldlauter-Heidersbach I

□□□: 13:35:15

□□: SWV Goldlauter-Heidersbach I

□□: 12.36 km/h

□□: 181

□□□□: 4:49 min/km

□□: 168.97 km

Hörschel-Blankenstein

□□□□□: 25 (of 191)

□□□□□□: 10:58:34

□□□□:

□□□□□: 19(of 122)

Männerstaffel

□□□□□□□: 10:58:34

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□□□	□□ km	□□ □□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□	□□	□□	□□	□□
Hohe Sonne	14.00	1:18:52	5:37	78	22:38	105	22:38	14.00	1:18:52	5:37	78	22:38	105	22:38
Grenzwiese/Kleir	19.60	1:53:32	5:47	88	37:34	126	37:34	33.60	3:12:24	5:43	83	59:47	114	59:47
Neue Ausspanne	14.00	1:08:49	4:54	37	15:40	44	15:40	47.60	4:21:13	5:29	65	1:13:05	83	1:13:05
Grenzdler (Ober	13.70	1:02:28	4:33	15	10:36	16	10:36	61.30	5:23:41	5:16	38	1:19:31	50	1:19:31
Allzunah	19.90	1:32:14	4:38	35	24:10	50	24:10	81.20	6:55:55	5:07	41	1:40:48	51	1:40:48
Masserberg (Ren	17.90	1:25:13	4:45	17	16:53	26	16:53	99.10	8:21:08	5:03	35	1:51:39	44	1:51:39
Neuhaus (Rennst	19.90	1:31:35	4:36	19	14:37	23	14:37	119.00	9:52:43	4:58	25	2:01:44	33	2:01:44
Wanderhütte an	13.50	59:21	4:23	8	8:00	10	8:00	132.50	10:52:04	4:55	23	2:08:42	29	2:08:42
Brennersgrün	15.90	1:16:24	4:48	27	19:16	33	19:16	148.40	12:08:28	4:54	20	2:26:46	26	2:26:46
Blankenstein	20.30	1:26:47	4:16	17	12:44	24	1:26:47	168.97	13:35:15	4:49	19	2:36:41	25	2:36:41