



1. SPORTident Winter-Stundenlaufserie mit Musik (3. Lauf)

Arnstadt / 20.03.2024

□□□□

Kinder Funstaffel

□□□: 28:57

□□: 40

□□: 13.78 km/h

□□: 0.35 km/□□

□□□□: 4:21 min/km

Stundenlauf

□: 19 (6.65 km)

□□□□:

□□□□□/□: 8 (of 10)

Seniorinnen W80 (80+) H

□□□□□: 1(of 1)

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|-------|------|------|--------|----|----|----|------|------|-------|--------|----|----|----|----|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 0.35 | 1:26 | 4:05 | 1 | - | 1 | - | 0.35 | 1:26 | 4:05 | 1 | - | 1 | - |
| □□ 2 | 0.35 | 1:15 | 3:34 | 1 | - | 1 | - | 0.70 | 2:41 | 3:50 | 1 | - | 1 | - |
| □□ 3 | 0.35 | 1:27 | 4:08 | 1 | - | 1 | - | 1.05 | 4:08 | 3:56 | 1 | - | 1 | - |
| □□ 4 | 0.35 | 1:32 | 4:22 | 1 | - | 1 | - | 1.40 | 5:40 | 4:02 | 1 | - | 1 | - |
| □□ 5 | 0.35 | 1:26 | 4:05 | 1 | - | 1 | - | 1.75 | 7:06 | 4:03 | 1 | - | 1 | - |
| □□ 6 | 0.35 | 1:20 | 3:48 | 1 | - | 1 | - | 2.10 | 8:26 | 4:00 | 1 | - | 1 | - |
| □□ 7 | 0.35 | 1:34 | 4:28 | 1 | - | 1 | - | 2.45 | 10:00 | 4:04 | 1 | - | 1 | - |
| □□ 8 | 0.35 | 1:37 | 4:37 | 1 | - | 1 | - | 2.80 | 11:37 | 4:08 | 1 | - | 1 | - |
| □□ 9 | 0.35 | 1:32 | 4:22 | 1 | - | 1 | - | 3.15 | 13:09 | 4:10 | 1 | - | 1 | - |
| □□ 10 | 0.35 | 1:21 | 3:51 | 1 | - | 1 | - | 3.50 | 14:30 | 4:08 | 1 | - | 1 | - |
| □□ 11 | 0.35 | 1:48 | 5:08 | 1 | - | 3 | 0:02 | 3.85 | 16:18 | 4:14 | 1 | - | 1 | - |
| □□ 12 | 0.35 | 1:31 | 4:19 | 1 | - | 1 | - | 4.20 | 17:49 | 4:14 | 1 | - | 1 | - |
| □□ 13 | 0.35 | 1:23 | 3:57 | 1 | - | 1 | - | 4.55 | 19:12 | 4:13 | 1 | - | 1 | - |
| □□ 14 | 0.35 | 1:41 | 4:48 | 1 | - | 1 | - | 4.90 | 20:53 | 4:15 | 1 | - | 1 | - |
| □□ 15 | 0.35 | 1:43 | 4:54 | 1 | - | 1 | - | 5.25 | 22:36 | 4:18 | 1 | - | 1 | - |
| □□ 16 | 0.35 | 1:32 | 4:22 | 1 | - | 1 | - | 5.60 | 24:08 | 4:18 | 1 | - | 1 | - |
| □□ 17 | 0.35 | 1:23 | 3:57 | 1 | - | 1 | - | 5.95 | 25:31 | 4:17 | 1 | - | 1 | - |
| □□ 18 | 0.35 | 1:38 | 4:40 | 1 | - | 1 | - | 6.30 | 27:09 | 4:18 | 1 | - | 1 | - |
| □□ 19 | 0.35 | 1:48 | 5:08 | 1 | - | 3 | 0:03 | 6.65 | 28:57 | 4:21 | 1 | - | 1 | - |