



### 3. Staffellauf - Rund um Arnstadt

Arnstadt / 18.05.2024

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#### Bügeleisenbandenwohngebietsstaffel □□□: 5:38:10

□□: Club Bügeleisenbandenwohngebietsstaffel

□□: 10.47 km/h

□□: 2

□□□□: 5:39 min/km

□□: 59.80 km

Rund um Arnstadt

□□□□□: 12 (of 13)

□□□□□□: 4:07:03

□□□□:

□□□□□: 9(of 10)

Männerstaffel

□□□□□□□: 4:07:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	38:14	5:47	9	13:37	12	13:37	6.60	38:14	5:47	11	13:37	14	13:37
Marlishausen	7.80	35:30	4:33	5	4:36	5	4:36	14.40	1:13:44	5:07	11	18:13	14	18:13
Angelhausen	6.00	40:48	6:47	9	16:26	12	16:26	20.40	1:54:32	5:36	11	34:28	14	34:28
Roda	7.30	42:48	5:51	9	11:16	12	11:16	27.70	2:37:20	5:40	11	45:44	14	45:44
Neuroda	6.80	39:40	5:49	9	10:28	11	10:28	34.50	3:17:00	5:42	11	56:12	14	56:12
Reinsfeld	10.30	54:00	5:14	8	11:08	11	11:08	44.80	4:11:00	5:36	11	1:06:49	14	1:06:49
Dosdorf	7.00	42:00	6:00	9	14:36	11	14:36	51.80	4:53:00	5:39	11	1:18:48	14	1:18:48
Marktplatz Arnst:	8.00	45:10	5:38	9	12:19	11	12:19	59.80	5:38:10	5:39	9	1:31:07	12	1:31:07