



3. Staffellauf - Rund um Arnstadt

Arnstadt / 18.05.2024

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SSV Erfurt 02 Jugend

□□: Club SSV Erfurt 02 Jugend

□□: 12

□□: 59.80 km

Rund um Arnstadt

□□□□:

Männerstaffel

□□□: 4:30:30

□□: 13.09 km/h

□□□□: 4:31 min/km

□□□□□: 3 (of 13)

□□□□□□: 4:07:03

□□□□□: 3(of 10)

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	29:18	4:26	4	4:41	5	4:41	6.60	29:18	4:26	11	4:41	14	4:41
Marlishausen	7.80	35:36	4:33	6	4:42	6	4:42	14.40	1:04:54	4:30	11	9:23	14	9:23
Angelhausen	6.00	24:22	4:03	1	-	1	-	20.40	1:29:16	4:22	11	9:12	14	9:12
Roda	7.30	32:42	4:28	3	1:10	3	1:10	27.70	2:01:58	4:24	11	10:22	14	10:22
Neuroda	6.80	37:02	5:26	8	7:50	10	7:50	34.50	2:39:00	4:36	11	18:12	14	18:12
Reinsfeld	10.30	46:49	4:32	5	3:57	5	3:57	44.80	3:25:49	4:35	11	21:38	14	21:38
Dosdorf	7.00	27:47	3:58	2	0:23	2	0:23	51.80	3:53:36	4:30	11	19:24	14	19:24
Marktplatz Arnst:	8.00	36:54	4:36	2	4:03	2	4:03	59.80	4:30:30	4:31	3	23:27	3	23:27