



3. Staffellauf - Rund um Arnstadt

Arnstadt / 18.05.2024

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Team Dannheim

□□: Club Team Dannheim

□□: 6

□□: 59.80 km

Rund um Arnstadt

□□□□:

Männerstaffel

□□□: 4:34:52

□□: 12.88 km/h

□□□□: 4:35 min/km

□□□□□: 4 (of 13)

□□□□□□: 4:07:03

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □□□	□□ □□□	□□□	□□□	□□□	□□ -	□□ -	□□ □□□	□□ □□□
Rudisleben	6.60	31:39	4:47	6	7:02	7	7:02	6.60	31:39	4:47	11	7:02	14	7:02
Marlishausen	7.80	34:44	4:27	4	3:50	4	3:50	14.40	1:06:23	4:36	11	10:52	14	10:52
Angelhausen	6.00	30:28	5:04	5	6:06	5	6:06	20.40	1:36:51	4:44	11	16:47	14	16:47
Roda	7.30	34:58	4:47	4	3:26	5	3:26	27.70	2:11:49	4:45	11	20:13	14	20:13
Neuroda	6.80	31:27	4:37	2	2:15	2	2:15	34.50	2:43:16	4:43	11	22:28	14	22:28
Reinsfeld	10.30	43:40	4:14	3	0:48	3	0:48	44.80	3:26:56	4:37	11	22:45	14	22:45
Dosdorf	7.00	31:00	4:25	5	3:36	5	3:36	51.80	3:57:56	4:35	11	23:44	14	23:44
Marktplatz Arnst:	8.00	36:56	4:36	3	4:05	3	4:05	59.80	4:34:52	4:35	4	27:49	4	27:49